The following files are included:

- var\_balance.pdf: description of the record
- balance.csv: with the data in csv format (the first heading is on the first line)
- balance.Rdata: with the data in R format (the first heading is on the first line)
- balance.sas7bdat: with the data in SAS format (the first heading is on the first line)

The questionnaire used to conduct the survey is also available:

- Workers\_questionnaire (italian): questionnaire in Italian