

DESCRIPTION OF THE VARIABLES OF THE FILE "PARTICIPANTS"

Data were collected through a questionnaire that was divided into the following four parts:

- Section 1: PARTICIPANT'S CHARACTERISTICS
- Section 2: MOBILITY EXPERIENCE
- Section 3: OPINIONS ON MOBILITY
- Section 4: FINAL SUGGESTIONS

<i>Progressive number of field</i>	<i>Name of field</i>	<i>Type of field</i>	<i>Length of field</i>	<i>Contents</i>
1	ID	Numerical	3	Id of the respondent
2	SUBMITDATE	Date	16	Date and time in which the interview ended
3	STARTLANGUAGE	Numerical	1	Language of the questionnaire: <ul style="list-style-type: none"> • 1 = German • 2 = English • 3 = Spanish • 4 = Italian • 5 = Portuguese
4	STARTDATE	Numerical	16	Date and time in which the interview started
Section 1: PARTICIPANT'S CHARACTERISTICS				
5	A1	Numerical	2	Country of residence: <ul style="list-style-type: none"> • 1 = Belgium • 2 = Germany • 3 = Italy • 4 = Portugal • 5 = Spain • 6 = France • 7 = Republic of Ireland • 8 = United Kingdom • 99 = Other
6	A1.other.	Character	/	Countries corresponding to the values "6", "7", "8" and "99" of the previous question
7	A2	Numerical	1	Gender: <ul style="list-style-type: none"> • 1 = Male • 2 = Female
8	A3	Numerical	2	Age
9	A4	Numerical	2	Educational level completed: <ul style="list-style-type: none"> • 1 = Lower secondary school • 2 = Vocational, dual vocational school • 3 = Higher secondary school • 4 = University/college • 5 = Other • 99 = Medium grade/Technikum
10	A4.other.	Character	/	Educational level corresponding to the value "99" of the previous question

11	A5	Numerical	1	<p>Current occupation:</p> <ul style="list-style-type: none"> • 1 = Just studying • 2 = Studying and working • 3 = Working • 4 = Looking for employment • 5 = Studying and looking for employment • 6 = Internship or other qualification program, during studies • 7 = Internship or other qualification program, after studies • 8 = Attending a dual training program • 9 = Doing nothing
12	A6	Numerical	1	<p>Educational level attended by the respondent at the moment of the survey (only if A5=1;2;5;6):</p> <ul style="list-style-type: none"> • 1 = Lower secondary school • 2 = Vocational school • 3 = Dual vocational apprenticeship • 4 = Higher secondary school • 5 = University/college • 6 = Other • 7 = No school program attendance
13	A6.other.	Character	/	Explanation of the previous answer
14	A7	Numerical	1	<p>Type of job of the respondent at the moment of the interview (only if A5=2;3):</p> <ul style="list-style-type: none"> • 1 = Full time • 2 = Part time • 3 = Other • 4 = Not working
15	A7.other.	Character	/	Explanation of the previous answer
16	A8	Character	/	Description of the current job (only if A5=2;3)
17	A9	Numerical	2	<p>Economic branch in which the respondent is working:</p> <ul style="list-style-type: none"> • 1 = Farming, animal production, agroindustry • 2 = Industry: mechanics,

				<p>mechatronics; maintenance</p> <ul style="list-style-type: none"> • 3 = Industry: electric or electronics, IT, ICT, informatics • 4 = Industry: other sectors (chemical, etc.) • 5 = Construction industry • 6 = Energy, renewable industry, heat industry • 7 = Commerce and trade (sales, retail, etc) • 8 = Hotels, tourism, gastronomy, catering, other hospitality industry • 9 = Services for persons and families (hairdressing, child/elderly/disabled support, social care, social services, etc.) • 10 = Services for industries (financial or fiscal consulting, engineering, physical and chemical analyses, event organization, etc.) • 11 = Educational/training services • 12 = Health services, nursing, rehabilitation • 13 = Public administration, civil services • 14 = Banks, financial services • 15 = Non-profit services • 16 = Other services • 17 = Other economic sector • 18 = Not working
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18	A9.other.	Character	/	Explanation of the previous answer
19	A10	Numerical	2	Field of work (only if A5=2;3;6;7;8): <ul style="list-style-type: none"> • 1 = Administration • 2 = Management • 3 = Human resources • 4 = Production, quality control • 5 = Marketing, brand management, CRM-Customer Relationship Management, communication, reception • 6 = Information systems • 7 = Arts, design, advertisement, writing, media, photography, fashion • 8 = Various departments • 10 = Not working • 99 = Other
20	A10.other.	Character	/	Explanation of the previous answer
21	A11	Numerical	2	Respondent's current position as an employee (only if A5=2;3): <ul style="list-style-type: none"> • 1 = Apprentice • 2 = Other probationary position • 3 = Workman • 4 = Office worker • 5 = Manager, supervisor • 6 = Self-employed • 8 = Not working • 99 = Other
22	A11.other.	Character	/	Explanation of the previous answer
23	A12	Numerical	1	Whether the respondent would say that he is currently working in an international environment (only if A5=2;3;6;7;8): <ul style="list-style-type: none"> • 1 = Absolutely yes • 2 = Just partially • 3 = Not at all • 4 = Not working
24	A13	Numerical	2	Country where the respondent is working: <ul style="list-style-type: none"> • 1 = Austria • 2 = Belgium • 3 = Bulgaria • 4 = Cyprus • 5 = Croatia

				<ul style="list-style-type: none"> • 6 = Denmark • 7 = Estonia • 8 = Finland • 9 = France • 10 = Germany • 11 = Greece • 12 = Ireland • 13 = Italy • 14 = Latvia • 15 = Lithuania • 16 = Luxembourg • 17 = Malta • 18 = Netherlands • 19 = Poland • 20 = Portugal • 21 = United Kingdom • 22 = Czech Republic • 23 = Romania • 24 = Slovakia • 25 = Slovenia • 26 = Spain • 27 = Sweden • 28 = Hungary • 30 = Not working • 99 = Other country
25	A13.other.	Character	/	Explanation of the previous answer
26	A14	Numerical	4	Number of months in which the respondent has been looking for a job before finding his position (only if A5=2;3)
27	A15	Numerical	2	Whether the respondent ever worked besides his Erasmus+ mobility experience (only if A5=1;4;5;6;7): <ul style="list-style-type: none"> • 1 = Yes • 2 = No • 3 = Working now
28	A16	Numerical	1	Whether the respondent worked before or after his mobility experience (only if A15=1): <ul style="list-style-type: none"> • 1 = Before mobility • 2 = After mobility • 3 = Both before and after • 4 = Never worked
29	A17	Numerical	1	Whether the respondent ever looked for a job (only if A5=9): <ul style="list-style-type: none"> • 1 = Yes • 2 = No • 3 = Working, studying or looking for a job now

30	A18	Numerical	1	<p>Whether the respondent looked for a job before or after his mobility experience (only if A17=1):</p> <ul style="list-style-type: none"> • 1 = Before • 2 = After • 3 = Both before and after • 4 = Never looked for a job
31	A19	Numerical	1	<p>What activity the respondent was performing just before his Erasmus+ experience:</p> <ul style="list-style-type: none"> • 1 = Just studying • 2 = Studying and working • 3 = Working • 4 = Looking for employment • 5 = Studying and looking for employment • 6 = Internship • 7 = Attending a dual training program • 8 = Doing nothing
32	A20	Numerical	2	<p>Respondent's professional position at the time he started his Erasmus+ experience (only if A5=2;3):</p> <ul style="list-style-type: none"> • 1 = Apprentice • 2 = Other probationary position • 3 = Workman • 4 = Office worker • 5 = Manager, supervisor • 6 = Self-employed • 8 = Not working • 99 = Other
33	A20.other.	Character	/	Explanation of the previous answer
34	A21	Character	/	Respondent's job before he started his Erasmus+ experience (only if A19=2;3)
Section 2: MOBILITY EXPERIENCE				
35	B1	Numerical	2	<p>Country where the experience of international mobility took place:</p> <ul style="list-style-type: none"> • 1 = Belgium • 2 = Germany • 3 = Italy • 4 = Portugal • 5 = Spain • 6 = France • 7 = Republic of Ireland • 8 = United Kingdom • 99 = Other

36	B1.other.	Character	/	Countries corresponding to the values “6”, “7”, “8” and “9” of the previous question
37	B2	Character	/	Month and year in which the experience started
38	B3	Numerical	2	Duration of the experience (weeks)
39	B4	Numerical	2	<p>Working sector in which the experience took place:</p> <ul style="list-style-type: none"> • 1 = Farming, animal production, agroindustry • 2 = Industry: mechanics, mechatronics; maintenance • 3 = Industry: electric or electronics, IT, ICT, informatics • 4 = Industry: other sectors (chemical, etc.) • 5 = Construction industry • 6 = Energy, renewable industry, heat industry • 7 = Commerce and trade (sales, retail, etc.) • 8 = Hotels, tourism, gastronomy, catering, other hospitality industry • 9 = Services for persons and families (hairdressing, child/elderly/disabled support, social care, social services, etc.) • 10 = Services for industries (financial or fiscal consulting, engineering, physical and chemical analyses, event organization, etc.) • 11 = Educational/training services • 12 = Health services, nursing, rehabilitation • 13 = Public administration, civil services • 14 = Banks, financial services

				<ul style="list-style-type: none"> • 15 = Non-profit services • 16 = Other services • 17 = Other economic sector
40	B4.other.	Character	/	Explanation of the previous answer
41	B5	Numerical	1	Field of activity/department: <ul style="list-style-type: none"> • 1 = Administration • 2 = Management • 3 = Human resources • 4 = Production, quality control • 5 = Marketing, brand management, CRM- Customer Relationship Management, communication, reception • 6 = Information systems • 7 = Arts, design, advertisement, writing, media, photography, fashion • 8 = Various departments • 99 = Other
42	B5.other.	Character	/	Explanation of the previous answer
43	B6	Numerical	2	Duties of the respondent during the experience: <ul style="list-style-type: none"> • 1 = More or less the same duties I used to do in my origin/sending company • 2 = More or less the same duties I would do in an internship in my country • 3 = I realized fair duties considering the short period of the internship • 4 = Activities relating to my educational program • 5 = I did new things outside my experience/ educational program • 6 = Nothing specific • 99 = Other
44	B6.other.	Character	/	Explanation of the previous answer
45	B7	Numerical	2	Language mainly used at work by the respondent during the experience: <ul style="list-style-type: none"> • 1 = My mother tongue • 2 = English as a foreign language

				<ul style="list-style-type: none"> • 3 = Language of the host country • 99 = Other
46	B7.other.	Character	/	Explanation of the previous answer
47	B8	Numerical	2	Language mainly used outside the worksite t work by the respondent during the experience: <ul style="list-style-type: none"> • 1 = My mother tongue • 2 = English as a foreign language • 3 = Language of the host country • 99 = Other
48	B8.other.	Character	/	Explanation of the previous answer
49	B9	Numerical	1	Whether the respondent would say that he has been working in an international environment: <ul style="list-style-type: none"> • 1 = Absolutely yes • 2 = Just partially • 3 = Not at all
50	B9.other.	Character	/	Explanation of the previous answer
51	B10	Numerical	2	Organization that mainly helped the respondent carrying out this mobility experience: <ul style="list-style-type: none"> • 1 = School • 2 = Training center • 3 = Company • 4 = One school and/or company in the destination • 99 = Other
52	B10.other.	Character	/	Explanation of the previous answer
53	B11	Numerical	4	Estimated cost for the respondent and/or his family, in monetary terms, of the Erasmus+ experience
54	B12	Numerical	2	Things that the respondent had to “sacrifice” in order to attend mobility: <ul style="list-style-type: none"> • 1 = Family • 2 = Friends • 3 = Other personal relationships • 4 = Job attended • 5 = Job opportunities • 6 = My comfort zone • 7 = Nothing • 99 = Other

55	B12.other.	Character	/	Explanation of the previous answer
56	B13	Numerical	3	Time spent by the respondent to prepare his mobility (days)
57	B14	Numerical	2	Whether this one was the only mobility experience that the respondent ever had: <ul style="list-style-type: none"> • 1 = Yes • 99 = No, I took part in other mobility experiences
58	B14.other.	Character	/	Explanation of the previous answer
Section 3: OPINIONS ON MOBILITY				
59	C1.a.	Numerical	1	Whether the respondent thinks he has most improved his <i>mental agility</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
60	C1.b.	Numerical	1	Whether the respondent thinks he has most improved his <i>team-working</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
61	C1.c.	Numerical	1	Whether the respondent thinks he has most improved his <i>professional self-confidence</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
62	C1.d.	Numerical	1	Whether the respondent thinks he has most improved his <i>professional autonomy and self-management</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
63	C1.e.	Numerical	1	Whether the respondent thinks he has most improved his <i>problem solving</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
64	C1.f.	Numerical	1	Whether the respondent thinks he has most improved his <i>initiative</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
65	C1.g.	Numerical	1	Whether the respondent thinks he has most improved his <i>commitment to own company/school</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes

66	C1.h.	Numerical	1	Whether the respondent thinks he has most improved his <i>intercultural skills</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
67	C2.a.	Numerical	1	Whether the respondent thinks he has least improved his <i>mental agility</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
68	C2.b.	Numerical	1	Whether the respondent thinks he has least improved his <i>team-working</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
69	C2.c.	Numerical	1	Whether the respondent thinks he has least improved his <i>professional self-confidence</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
70	C2.d.	Numerical	1	Whether the respondent thinks he has least improved his <i>professional autonomy and self-management</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
71	C2.e.	Numerical	1	Whether the respondent thinks he has least improved his <i>problem solving</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
72	C2.f.	Numerical	1	Whether the respondent thinks he has least improved his <i>initiative</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
73	C2.g.	Numerical	1	Whether the respondent thinks he has least improved his <i>commitment to own company/school</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes
74	C2.h.	Numerical	1	Whether the respondent thinks he has least improved his <i>intercultural skills</i> during his mobility: <ul style="list-style-type: none"> • 0 = No • 1 = Yes

75	BW.a.	Numerical	1	Whether the respondent thinks he most or least improved his <i>mental agility</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
76	BW.b.	Numerical	1	Whether the respondent thinks he most or least improved his <i>team-working</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
77	BW.c.	Numerical	1	Whether the respondent thinks he most or least improved his <i>professional self-confidence</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
78	BW.d.	Numerical	1	Whether the respondent thinks he most or least improved his <i>professional autonomy and self-management</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
79	BW.e.	Numerical	1	Whether the respondent thinks he most or least improved his <i>problem solving</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
80	BW.f.	Numerical	1	Whether the respondent thinks he most or least improved his <i>initiative</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
81	BW.g.	Numerical	1	Whether the respondent thinks he most or least improved his <i>commitment to own company/school</i> during his mobility: <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most

82	BW.h.	Numerical	1	<p>Whether the respondent thinks he most or least improved his <i>intercultural skills</i> during his mobility:</p> <ul style="list-style-type: none"> • -1 = Least • 0 = Neither least nor most • 1 = Most
83	C3	Numerical	1	<p>Whether the respondent's skills improved or remained the same during his stay in a foreign company:</p> <ul style="list-style-type: none"> • 1 = Improved • 2 = Same
84	C4	Numerical	1	<p>Whether the respondent's language skills improved or remained the same during his stay in a foreign company:</p> <ul style="list-style-type: none"> • 1 = Improved • 2 = Same
85	C5.a.	Numerical	1	<p>In what measure mobility added value to the respondent's profile to the purpose of finding a job:</p> <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
86	C5.b.	Numerical	1	<p>In what measure mobility improved the respondent's desire to start his own business/ company:</p> <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
87	C5.c.	Numerical	1	<p>In what measure mobility raised the respondent's self-confidence:</p> <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
88	C5.d.	Numerical	1	<p>In what measure mobility was a factor for the respondent to get a long term contract:</p> <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all

89	C5.e.	Numerical	1	In what measure mobility improved the respondent's career chances: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
90	C5.f.	Numerical	1	In what measure mobility chanced the respondent's life plans: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
91	C5.g.	Numerical	1	In what measure mobility improved the respondent's final degree/qualification score: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
92	C5.h.	Numerical	1	In what measure mobility raised the respondent's feeling of European citizenship: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
93	C5.i.	Numerical	1	In what measure mobility drove the respondent's to follow more attentively the news of the European countries, especially of the one he visited: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
94	C5.j.	Numerical	1	In what measure the respondent felt more integrated and participative with his country of origin: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
95	C5.k.	Numerical	1	In what measure the respondent felt more integrated and participative with the school/company that encouraged his mobility: <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little

				<ul style="list-style-type: none"> • 4 = Not at all
96	C5.l.	Numerical	1	<p>In what measure mobility made the respondent more willing to work abroad:</p> <ul style="list-style-type: none"> • 1 = Very much • 2 = Fairly • 3 = Little • 4 = Not at all
97	C6.a.	Numerical	1	<p>Whether, as a consequence of the Erasmus+ experience, the respondent feels more conscious of his own resources:</p> <ul style="list-style-type: none"> • 1 = Certainly yes • 2 = More yes than no • 3 = More no than yes • 4 = Certainly no
98	C6.b.	Numerical	1	<p>Whether, as a consequence of the Erasmus+ experience, the respondent feels more extroverted and enthusiastic of life:</p> <ul style="list-style-type: none"> • 1 = Certainly yes • 2 = More yes than no • 3 = More no than yes • 4 = Certainly no
99	C6.c.	Numerical	1	<p>Whether, as a consequence of the Erasmus+ experience, the respondent feels more sociable and helpful to other people:</p> <ul style="list-style-type: none"> • 1 = Certainly yes • 2 = More yes than no • 3 = More no than yes • 4 = Certainly no
100	C6.d.	Numerical	1	<p>Whether, as a consequence of the Erasmus+ experience, the respondent feels more emotionally stable and more resistant to frustration:</p> <ul style="list-style-type: none"> • 1 = Certainly yes • 2 = More yes than no • 3 = More no than yes • 4 = Certainly no
101	C6.e.	Numerical	1	<p>Whether, as a consequence of the Erasmus+ experience, the respondent feels more open to initiative and new challenges:</p> <ul style="list-style-type: none"> • 1 = Certainly yes • 2 = More yes than no • 3 = More no than yes • 4 = Certainly no

102	C6.f.	Numerical	1	<p>Whether, as a consequence of the Erasmus+ experience, the respondent feels more able to control his actions and master of his own future:</p> <ul style="list-style-type: none"> • 1 = Certainly yes • 2 = More yes than no • 3 = More no than yes • 4 = Certainly no
103	C7.SQ001.	Numerical	4	Respondent's final judgement of the Erasmus Vet mobility experience (from 1 to 10, where 1 = Very negative; 10 = Very positive)
104	C8.SQ001.	Numerical	2	The respondent was asked to imagine he has up to 10 "negative kilos" to weight all the efforts he made and difficulties he faced and 10 "positive kilos" to weight all the benefits he got from mobility. The answer is the sum of positive and negative kilos + 11 (in order to have only positive values)
105	C8	Numerical	4	The respondent was asked to imagine he has up to 10 "negative kilos" to weight all the efforts he made and difficulties he faced and 10 "positive kilos" to weight all the benefits he got from mobility. The answer is the sum of positive and negative kilos
106	C9	Numerical	1	<p>Whether the respondent would suggest a friend to start an Erasmus VET mobility experience:</p> <ul style="list-style-type: none"> • 1 = Yes, I recall only positive aspects • 2 = Yes, positive aspects prevail • 3 = No, negative aspects prevail • 4 = Not at all, so many negative aspects
107	C10.1.	Numerical	1	<p>First category that gets the highest benefits from Erasmus+ mobility:</p> <ul style="list-style-type: none"> • 1 = Students/apprentices • 2 = Schools and training centers • 3 = Companies (both sending and hosting) • 4 = Labour market

				<ul style="list-style-type: none"> • 5 = The European Union as an institution
108	C10.2.	Numerical	1	<p>Second category that gets the highest benefits from Erasmus+ mobility:</p> <ul style="list-style-type: none"> • 1 = Students/apprentices • 2 = Schools and training centers • 3 = Companies (both sending and hosting) • 4 = Labour market • 5 = The European Union as an institution
Section 4: FINAL SUGGESTIONS				
109	D1	Character	/	Suggestions from the respondent about possible ways to improve the aims or ease the mobility experience of future participants
110	D3.1.	Numerical	2	Whether the respondent felt that the questionnaire was interesting and stimulating (from 1 to 10)
111	D3.2.	Numerical	2	Whether the respondent felt that the questionnaire was clear in terms of questions (from 1 to 10)
112	D3.3.	Numerical	2	Whether the respondent felt that the questionnaire was easy to fill (from 1 to 10)
113	D3.4.	Numerical	2	Whether the respondent felt that the questionnaire was stressing, annoying (from 1 to 10)