The collected data are divided into two sets of data:
1) **woman** includes information for each woman
2) **cycle** includes the information for each cycle
The variables CODICE and INGR included in both sets of files allow to link the data pertaining to the history of each woman to the information of her cycles.

The following files contain the information for each woman:
- var_woman.pdf: presents the structure of the record for woman
- woman.csv: the data registered in csv format
- woman.Rdata: the data registered in R format
- woman.sas7bdat: the data registered in SAS format

The following files contain the information for each cycle:
- var_cycle.pdf: presents the structure of the record for cycle
- cycle.csv: the data registered in csv format
- cycle.Rdata: the data registered in R format
- cycle.sas7bdat: the data registered in SAS format

Also the following files are included:
- var_merge.pdf: presents the structure of the record for the merged file
- merge.sas7bdat: includes in SAS format both files "woman" and "cycle" orderly linked and unified in each instance using the common code numbers.
- merge.csv: includes in csv format both files "woman" and "cycle" orderly linked and unified in each instance using the common code numbers.
- merge.Rdata: includes in R format both files "woman" and "cycle" orderly linked and unified in each instance using the common code numbers.