DESCRIPTION OF THE VARIABLES OF THE FILE
"CYCLE"

Progressive number of field	Name of field	Type of field	Length of field	Contents
1	**CODICE**	Numerical	9	Code of the woman: 2 figures for the centre 3 figures for the teacher 4 figures for the woman
2	**INGR**	Numerical	1	Progressive number of the woman's entries in the study: *examples* 1 = first entry of the woman 2 = second entry of the woman 3 = ...
3	**N_CART**	Numerical	3	Progressive number of the cycle
4	**P_SPEZZ**	Numerical	1	Progressive number of the group of consecutive cycles to which a cycle belongs
5	**DATA**	Date	8	Date of beginning of the cycle: 4 characters for the year 2 characters for the month 2 characters for the day
6	**LUN_TOT**	Numerical	2	Total length of the cycle in days: *N.B.* 99 = cycle with conception
7	**LUN_PRE**	Numerical	2	Number of days before BBT rise *N.B.* 0 = no BBT rise identifiable
8	**PICCO**	Numerical	2	Day of the cycle on which there is peak of the mucus *N.B.* 0 = no peak identifiable
9	**PERIOD**	Numerical	2	Length of the period in days: 0 = missing data
10	**QUALIFI**	Numerical	1	Qualification of the cycle: • 1 = complete information on mucus and temperature • 2 = illnesses, disturbances in critical(crucial, central) days of the cycle so that it is impossible to identify BBT rise • 3 = in this cycle there are only informations on mucus • 4 = in this cycle there are only informations on temperature • 5 = missing data in central days of the cycle so that it is impossible to identify BBT rise • 6 = illnesses, disturbances in central days of the cycle so that it is impossible to identify BBT rise + no information on mucus • 7 = missing data in central days of the cycle so that it is impossible to find BBT rise + no information on mucus • 9 = for this cycle we use only its total length (no information on mucus, temperature, unprotected intercourse)

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2	**INGR**	Numerical	1	Progressive number of the woman's entries in the study: *examples* 1 = first entry of the woman 2 = second entry of the woman 3 = ...
11	**T1**	Numerical	4	Temperature of the first day of the cycle: *examples* 3000 = missing data 3700 = 37 degrees centigrade 3650 = 36, 5 degrees centigrade ...
12	**M1**	Numerical	1	Character for type of mucus and/or sensation • 0 = no information • 1 = dry, rough, and itchy feeling or nothing felt; nothing seen • 2 = damp feeling; nothing seen, no mucus • 3 = damp feeling; mucus is thick, creamy, whitish, yellowish, not stretchy/elastic, sticky • 4= wet, slippery, smooth feeling; mucus is transparent, like raw egg white, stretchy/elastic, liquid, watery, reddish (with some blood)
13	**D1**	Numerical	1	Character for presence or lack of disturbances • 0 = no disturbances • 1 = presence of disturbances
14	**R1**	Numerical	1	Character for presence or lack of unprotected intercourse's acts • 0 = no intercourse • 1 = presence of intercourse
	T2	Numerical	4	Temperature of the second day of the cycle
	M2	Numerical	1	Information on type of mucus.
	D2	Numerical	1	Character for presence or lack of disturbances
	R2	Numerical	1	Character for presence or lack of unprotected intercourse
….	**….**	….	….	….
	T99	Numerical	4	Temperature of the 99° day of the cycle
	M99	Numerical	1	Information on type of mucus
	D99	Numerical	1	Character for presence or lack of disturbances
	R99	Numerical	1	Character for presence or lack of unprotected intercourse