The following files are included:

- var_selfy_2017.pdf: description of the record
- selfy_2017.csv: with the data in text format (the first heading is on the first line)
- selfy_2017.Rdata: with the data in R format (the first heading is on the first line)
- selfy_2017.sas7bdat: with the data in SAS format (the first heading is on the first line)